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# MPs bid farewell

## National Guard law enforcers head home to Missouri

By Karl Weisel

104th Area Support Group Public Affairs Office

“When the history books are written about the Global War on Terrorism there will be a chapter dedicated to the story of the provisional military police companies — units that answered the call to arms and defended their nation when their country needed it most,” said Lt. Col. John Garrity, 709th Military Police Battalion commander. “The highlight of this piece of history will be the story of Alpha, 1-129th MP Company (Provisional).”

Garrity was among community leaders, Soldiers and families on hand at a ceremony to bid farewell to National Guard MPs who were on their way home to Missouri March 17 after having served in the Baumholder, Darmstadt and Hanau communities since January 2004.

In step with the transformation of the U.S. Army to meet post-Cold War needs, the former Company A, 1-129th Field Artillery Battery, Soldiers deployed to Germany after MP training at Fort Leonard Wood, Mo.

“We, like many in the National Guard, transitioned from being citizen Soldiers who drilled two days a month to active duty Soldiers who maintained a 24/7 schedule,” said Capt. Timothy Strohmman, Alpha, 1-129th MP Company (Provi-



Photo by Karl Weisel

Lt. Col. Howard Malone, 104th ASG director of emergency services, bids farewell to Capt. Timothy Strohmman (left) and his fellow Missouri National Guardsmen March 15.

sional) commander. “We also traded in our M198 howitzers for M9 pistols and became MPs.

“I cannot tell you that everyone embraced this mission at  
**See MPs bid farewell on page 4**

# More funding for installations

## Army to increase spending for upgrades and services

The Army has begun implementing a new policy that will increase annual funding for installations. Army leaders have set a goal of funding installations at an annual rate of 90 percent of validated requirements for Base Operations Services and for Sustainment, Restoration and Modernization. The Army will continue to program to the goal of 95 percent for SRM set by the Office of the Secretary of Defense.

The new policy will increase funding for installations. The Army Budget Office will distribute the funding in phases through the Assistant Chief of Staff for Installation Management and the Installation Management Agency. Funds will come from other parts of the Army’s budget as the Army

identifies programs lagging in execution during its annual budget review. IMA will program the funds to provide infrastructure upgrades and services that have been most lacking during recent months.

The new 90-90 funding renews the Army’s commitment to improving the quality of life for Soldiers and their families. Funding installations to 90 percent of requirements provides a more predictable level of funding that gives garrison commanders more control in managing their communities.

Secretary of the Army Francis J. Harvey has placed well-being and quality of life for Soldiers and families as the top  
**See Funding for installations on page 3**

## ASAP officials report:

# Substance abuse incidents on rise

By Karl Weisel

104th Area Support Group Public Affairs Office

People cope with stress in all kinds of ways. While most individuals have a positive outlet for blowing off steam and keeping anxiety at bay, some resort to self-destructive behavior such as abusing drugs or alcohol.

“Our numbers are up for various forms of amphetamine, marijuana and alcohol incidents,” said Richard Stock, the 104th Area Support Group’s alcohol and drug control officer, referring to the rise in incidents of substance abuse in the communities of the 104th Area Support Group since 1st Armored Division Soldiers and members of other units returned from the 15-

month-long deployment to Iraq.

With Soldiers once again gearing up to support Operations Iraqi and Enduring Freedom, officials report that incidents of substance abuse are also increasing.

“For some Soldiers there is a tendency to self-medicate to deal with issues in that way,” said Stock. “We want to look at ways to help Soldiers and family members during this highly stressful time, because the anxiety in the air is palpable. Alcohol and drugs do not answer any questions, they only add to problems later on.

“The Army Substance Abuse Program is an outreach, and that’s our thrust — to help in any way we

**See Substance abuse on page 4**



Photo-illustration by Karl Weisel



# Commentary

## Feedback: Do you think reporting in the media is balanced?



**Master Sgt. Stu Gregory**  
130th Engineer Brigade, Hanau

"Honestly, I think the media is balanced according to the political affiliation of the person in charge of that reporter. The reporter may shade his viewpoint toward the views of his editor."



**Spc. James Springmann**  
1st Battalion, 35th Armor Regiment, Baumholder

"They're balanced, pretty much, and they usually get the story straight. I like the fact that they report on Iraq, but I don't like all the euphemistic language used."



**James Mitchell**  
Wiesbaden Army Airfield Food Court employee

"No, because most of the time media coverage is only pointed at the reporter's personal opinion. Reporters don't look at the entire picture, but instead draw their own conclusion instead of covering both sides and letting me draw my own opinion."



**Essie Grant**  
Gelnhausen Elementary School principal

"No, I don't think the media is balanced. There is more negative stuff than positive coming out. Very rarely do you see all the good things coming out that are happening in our country, and this impacts on the way people think."



**Pvt. 2 William Speakman**  
Wiesbaden

"I think Fox does a good job telling both sides of the story, as well as the *Stars and Stripes*. But, I think CNN just tells you what you want to hear."

## Letters to the editor

### Contributor bids farewell to Wiesbaden

It seems just yesterday I was out of shape crying my eyeballs out on the plane from Savannah to Atlanta, Ga., to follow my husband who went before me to Berlin in January 1993.



his eyes and answered, "Me no go my homeland Korea. My husband Army, and me go Germany to live with him."

Quickly his facial expression changed into one of confusion as he asked, "Then why are you crying?"

As we leave Wiesbaden to return to the United States, I would like to thank the *Herald Union*, *Stars and Stripes* and *Connection* magazine for the wonderful opportunities to write my stories.

In 2000 the *Herald Union* ran one of my commentaries about how I'd changed from an insecure whiney wife into a secure and supportive one. I will always be grateful of your support and encouragement to write.

May God bless you all and those who serve America.

Farewell Germany.

**KC Bertling**

Wiesbaden

I remember a gentleman who sat next to me who seemed very uncomfortable to be seated next to a crying woman. I could have cared less who was watching me or who was not too pleased to sit by me.

I cried and cried just because I was leaving.

While everyone was busy getting ready to get off the plane at the Atlanta airport, the gentleman looked at my face with deep concern. "Do you know how to find the terminal that will take you to your homeland?" he asked.

As I pulled myself together I looked into

### A message from a canine companion

Dear Wiesbaden community,

I am a guide dog with an important job. I am the eyes for my handler. We work together as a team navigating to safely avoid obstacles and arrive at our destinations. When I am wearing my harness I am "on duty," working with my handler. Please ignore me while I am performing my job by not petting, calling, feeding me, or allowing me to sniff you or other animals. This includes when I am sitting at my handler's feet. A distraction can result in an injury to me or my handler. I take my job very seriously but I am still a dog. I love dog activities like playing and being curious.

When I make a mistake, my handler corrects me as he or she has been trained. We both worked together in school for four weeks day and night to learn each other and con-



tinue to reinforce our skills daily.

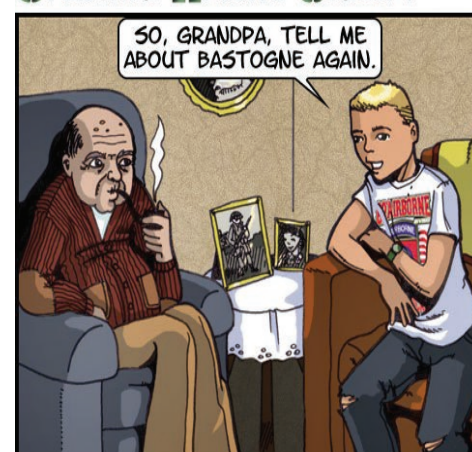
Please help us by ignoring me. Thanks for helping me take care of my handler.

"Tail wags."

**Guide Dog Friend**

**PS:** Do not be surprised where you may find me working. I go "everywhere" with my handler.

### OPERATION ELUSIVE CONCEPT



WWW.ELUSIVE-CONCEPT.COM - BY CHRIS ASHBY

## Herald Union

The Herald Union is an authorized unofficial Army newspaper published under the provisions of AR 360-1 for members of the 104th Area Support Group. Contents of the Herald Union are not necessarily the official views of, nor endorsed by, the U.S. government or the Department of Defense. The editorial content is the responsibility of the 104th Area Support Group Public Affairs Office. No payment will be made for contributions. This is a biweekly publication printed by The Stars and Stripes in Griesheim, Germany. Our office is in Building 1205 on Hanau's Yorkhof Kaserne. Circulation is 14,000 copies. For advertising rates contact Fred Schneider at civ (06155) 601-295, mil 349-8295 or [schneiderf@mail.estripes.osd.mil](mailto:schneiderf@mail.estripes.osd.mil).

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# News and features

## News flash

### Fuel prices to rise

Army and Air Force Exchange Service officials advise patrons to tank up or buy coupons before the end of March as prices will go up in April. In Germany the AAFES price for normal unleaded will increase to \$2.31, unleaded to \$2.284, super plus to \$2.374 and diesel to \$2.348 per gallon. (AAFES-Europe Release)

### New Herald Union publisher

As this issue was going to press details were still being worked out for the continued printing of the *Herald Union* newspaper. The current printer, the *Stars and Stripes*, canceled its agreement with U.S. Army Europe to print the *Herald Union* and its two other Command Information newspapers, the *Training Times* and *Stuttgart Citizen*, following changes at the newspaper eliminating in-house printing. A new contract is in the works with another publisher, but details were still being worked out as this issue went to press.

### Holocaust awareness trip

The 104th Area Support Group, 3rd Corps Support Command and 16th Corps Support Group sponsor a trip to the Auschwitz Memorial Museum in Poland May 5-8. The trip costs \$299 and includes transportation; accommodations; guided tours of Auschwitz, Czestochowa and Krakow; a shopping trip to Boleslawiec, some meals and the border fee. Deadline to pay for the trip is April 29. Call Sgt. 1st Class Gayden at mil 323-2012 or Sgt. 1st Class Sanders at mil 323-2998.

### Maintenance, supply awards

Three local units were among U.S. Army Europe organizations to be recognized for Maintenance and Supply Excellence at Heidelberg's Village Pavilion March 15. Units from the 104th Area Support Group honored included Wiesbaden's 421st Medical Battalion (Supply Excellence TOE Battalion Category), Hanau's 19th Maintenance Company (Supply Excellence Runner Up Small Supply Support Activity) and Baumholder's 222nd Base Support Battalion (IMA-E Supply Excellence Property Book). "Logisticians are the heroes on the battlefield," said Brig. Gen. Rebecca S. Halstead, commander of the 3rd Corps Support Command. "The teamwork that we have with the military, civilian and local national (work force) I think is the best we have ever seen in the Army all the places I've ever served." (USAREUR Public Affairs)

### Logistician's Conference

The U.S. Army Europe Deputy Chief of Staff, Logistics, hosts a two-day conference at Heidelberg's Patrick Henry Village Pavilion May 10-11. The conference, featuring keynote speaker Modell Plummer, associate director of sustainment for the Army's ODCSL, is intended for Army civilians in the ammunition, maintenance management and transportation management career fields. For more information use your Army Knowledge Online user ID and password to log on to <https://extranet.g4.hqusareur.army.mil/careerday>. (USAREUR Public Affairs)

### Kontakters recognized

Several local members of the Kontakt German-American friendship clubs will be honored by U.S. Army Europe for their outstanding efforts in 2004. Kontakt winners in the group high achievement category include Kontakt Wiesbaden for Publications. Winners in the individual high achievement category include Giessen's Mike Nolan, Wiesbaden's Jan Trautmann and Regina Zierer. Awards will be presented at the annual Kontakt awards ceremony Aug. 9 in Garmisch-Partenkirchen. (USAREUR Public Affairs)



## New York City memories

### Wiesbaden firefighter recalls friends he made just before Sept. 11, 2001

By Karl Weisel

104th Area Support Group Public Affairs Office

It was the Wiesbaden firefighter's first visit to the United States. Little did he suspect that of the more than 60 New York firefighters who befriended him during his visit to the Big Apple, half would perish a few days later in an effort to save lives at the World Trade Center on Sept. 11, 2001.

For Andreas Alabowitz, manager of the Fire Extinguisher Shop at the Wiesbaden Army Airfield Fire Department, a visit to New York City in September 2001 meant being welcomed with collegial goodwill by members of several city fire stations and a New York City police officer.

"I was staying in the Pennsylvania Hotel, two streets away from the Empire State Building," said Alabowitz, who had to give up firefighting in 1999 and took over duties at the Fire Extinguisher Shop after suffering a crippling car accident.

"I wanted to see everything — got up early every day and took a helicopter flight around the city. On Sept. 7 I was in the World Trade Center and got a chance to see how the structure was built — the lobby and the elevators — before flying back to Germany.

"One day while walking around the city I was wearing a T-shirt with the U.S. Army Wiesbaden Fire Department logo on it, and when members of a New York City fire department drove by, they spotted my shirt and invited me to come and look around their fire station. I got a chance to visit six or seven stations, exchanged addresses and traded patches with some of the firefighters I met. There is such a sense of camaraderie between firefighters in the United States. I was also impressed by the physical conditioning of the New York City firefighters. They seem to put more of an emphasis on staying in shape than firefighters in Germany."

Alabowitz said of the 63-64 firefighters who gave him their business cards, almost half were killed on Sept. 11, 2001.

"That really affected me — the fact that I had just met them and could have been in New York when it happened. I didn't get a chance to know them for very long," he said.

"I was at work at the Fire Department when the attacks on the World Trade Center occurred. We watched it on television upstairs at the fire station," he said. "At first I couldn't believe it and thought it was an accident. But having flown over the city in a helicopter only days before and being told by the pilot that airline flights over Manhattan were forbidden, I realized it couldn't have been an accident."

Soldiers walking by the Wiesbaden Army Airfield Fire Department said, "Did you hear; did you hear?" and speculated that the airline crashes must have been planned, he said.

"It was unbelievable how someone could do that. I was concerned about the firefighters and the thousands of people who rushed to try and help," Alabowitz said, expressing his concern that dust from the collapsing buildings might have



Photo by Karl Weisel

Andreas Alabowitz works on fire extinguishers at his shop in the Wiesbaden Army Air Field Fire Department.

contained asbestos or other harmful substances.

Alabowitz said he tried to contact friends he made in New York by email to check on their status but realized it was still very difficult to get through in the days immediately following the attack.

"I talked with colleagues about what we could do to help the victims and their families," he said, explaining that making a financial donation seemed to be the best avenue of support which is what he and many others did.

Through a police officer he met while touring New York City, Alabowitz said he was able to stay abreast via email of the fates of many of the people he'd met. In the year's since Alabowitz said he has maintained contact and plans to visit New York again either this year or next.

As manager of the Wiesbaden Fire Extinguisher Shop, Alabowitz said he has made many acquaintances over the years because those responsible for the upkeep of the some 6,000 extinguishers in 221st Base Support Battalion office buildings and living quarters are required to bring the extinguishers into his shop to be checked annually. He's also made friends through teaching fire warden classes and said he believes these days people are more aware of fire safety than in the past.

He's seen Soldiers come and go to Iraq in the Global War on Terrorism and has heard their stories about their experiences upon their return to Wiesbaden.

He has also been involved in many partnership events where members of the U.S. Army Fire Department took their equipment to display in local German communities. "Many of our firefighters at the airfield are also volunteer firefighters in their local German communities," Alabowitz said, adding that the American fire trucks are a popular attraction as they are "more powerful than the German vehicles."

While he still thinks about what could have happened if he had remained in New York a few days longer in September 2001, he is looking forward to a return visit — to once again ascend the Empire State Building for a lofty view of the city that never sleeps and to renew friendships from a once-in-a-lifetime visit.

## Funding for installations . . . . .

### Continued from page 1

priority for the Army, saying, "Soldiers are the centerpiece of our formations so nothing can be more important than a Soldier; nothing can be more important than the family."

"Our installations serve as our flagships of readiness," said Army Chief of Staff General Peter J. Schoomaker. "The environment in which our Soldiers train, our civilians work and our families live plays a key role in attracting, recruiting and retaining the high quality people the Army needs. To enhance combat effectiveness and enrich the workplace setting, we are reinforcing our commitment to our Army family."

"The Army leadership has made an important decision that recognizes the vital role installations play in the Global War on Terrorism," said Maj. Gen. Ronald L. Johnson, IMA director. "This is the highest level of funding ever committed to installations, and it recognizes the need to give Soldiers and their families services and facilities equal to the service they give this nation."

IMA planners are working to execute the new funding for maximum impact on the installations. Funding will be released through a phased plan over the balance of this year and through an annual funding program for future years. (Army News Service Release)

# News and features

## Substance abuse . . . . .

*Continued from page 1*

can through consultation,” said Stock. “We want to make sure Soldiers are emotionally, mentally and physically fit to go on to their next mission.”

Even though people may seem to have their lives in balance, they may be still suffering from fear or trauma experienced while in harm’s way in Iraq.

“What we’re seeing in the field is that anger is masking fear. When a person is using chemical substances or drinking, he or she is not feeling,” Stock said. “They are anesthetizing themselves.”

The same applies to family members, Stock said, explaining that while Soldiers may be coping with a whole range of troubling stimuli downrange, those left behind are equally affected by the stress of separation and anxiety for a loved one in harm’s way.

“When we have a weak link in the chain — people out using substances — it detracts from the mission and it retards the person from dealing with his or her situation,” said Stock.

Making people more aware of the dangers and consequences of abusing substances, is the goal of National Alcohol Awareness Month which takes place in April. Army Substance Abuse Program Centers, schools and other organizations in the 104th ASG are sponsoring various events to help raise awareness. Events during the month include an Alcohol Free Weekend April 1-3. Community members are encouraged to participate in alcohol-free activities. “What that does is raise the bar,” said Stock. “Allow yourself to experience a weekend without the effects of alcohol and realize how much quality time can be devoted to loved ones and friends.”

Anyone who feels that surviving a weekend without alcohol is a challenge is encouraged to contact his or her local Army Substance Abuse Program Center, Alcoholics Anonymous or Al-Anon for information and assistance, Stock said.

Baumholder’s ASAP Center and Health Promotions host a National Alcohol Screening Day booth at the PX entrance



April 7 from 10 a.m. to 1 p.m. Community members are invited to pick up information, take a screening test and win a T-shirt or other prize.

Soldiers, civilians and family members must all play a role in helping each other find ways to relieve the stress of coping with a high operations tempo, deployments and separation from friends and loved ones, officials said. Programs such as having a designated driver and encouraging activities that don’t involve alcohol or substances are all part of the effort to cut down on abuse.

“You’ve got to take care of each other,” Stock said. “That person getting drunk or using substances could be with you downrange and you want to be able to count on that person.”

For more information or assistance with a substance abuse issue for yourself, a loved one or friend feel free to confidentially confer with your local Army Substance Abuse Program — in

Baumholder at mil 485-7201 (485-7533 after hours), in Büdingen at mil 321-4796, Dexheim at mil 334-5742, Friedberg at mil 324-1710, Giessen at mil 343-7867, Hanau at mil 322-8911 or Wiesbaden at 337-1710. Youths are encouraged to contact their local Adolescent Substance Abuse Counseling Service for help.

**“You’ve got to take care of each other. That person getting drunk or using substances could be with you downrange and you want to be able to count on that person.”**

## MPs bid farewell . . . . .

*Continued from page 1*

first,” he said. “In fact, many of the Soldiers were upset that the Army had done this to them. You have to understand that artillery Soldiers love sending rounds downrange — that is what they do — that is what they signed up to do. . . . They soon learned however that our country was engaged in a different type of war against a different type of enemy and that we had to respond accordingly.”

“I have certainly garnered a great respect for our brother and sister MPs and what they contribute to the Army,” said Strohmman. “Having been given the opportunity to serve for over 15 months, I stand before you a humble man with absolute admiration of the professionalism that I have witnessed. I am also extremely appreciative of the sacrifices that the active component has made to protect our families.”

While members of the 709th MP Battalion’s 127th MP Company deployed to Iraq and 92nd MP Company got ready to go to Afghanistan, the National Guard MPs took over law enforcement duties while maintaining host nation partnerships.

“You have become such a part of the warrior standard that it’s very hard to say good-bye,” said Garrity. “You’ve all accomplished so much during the deployment here in Germany . . . supporting the Global War on Terrorism.

“You’ve also added so much to the 709th MP Battalion. You’ve carried the torch with our German partners while our units were deployed to Iraq and preparing to go to Afghanistan,” Garrity told the departing Soldiers. “You have fostered an incredible partnership with our allies and for that I am

grateful. Every one of you has made this battalion a better unit. Your professionalism, discipline, adherence to standards and concern for your fellow Soldiers is a testament to your leadership and your individual commitment to excellence.”

After successfully serving overseas and transitioning from artillery to law enforcement, Strohmman said the company will soon be making the change a permanent one. “In October of this year we will be turning in our red guidon for a green one. We will drop the provisional label and become permanent members of the Military Police Corps.”

“I feel we were lucky,” said Cpl. Troy Green with 3rd Platoon of Company A, 1-129th MPs. “We were afforded many opportunities that another deployment wouldn’t have given us. We got to train with the Polizei, the MPs and we got to see Europe.”

Green added that he was excited about seeing his wife and three children again. “I work in a maximum security prison so I left that job behind and my family. During the deployment my wife came over to Europe and we spent our honeymoon here. We had an outstanding time. I’m looking forward to seeing my wife and kids again and getting back into the swing of things with the National Guard.

“I think we all did a real good job here and we’re ready to go,” said Green, adding that he was very grateful for the support of his unit’s leadership and the 709th MP Battalion.

“Your efforts here in Germany were invaluable to the fight,” said Garrity. “You guys are awesome. I am humbled by your great service and tremendous sacrifices.”

## News flash

### Home visitor jobs

CM/SE seeks candidates to serve as home visitors for the New Parent Education and Support Program in Giessen, Hanau and Wiesbaden. Candidates must be licensed MSW or BSN with two years experience beyond graduation working with expectant mothers, new parents, families, infants, children and family violence. Send resumes to [Mariela.fernandez@ima-e.army.mil](mailto:Mariela.fernandez@ima-e.army.mil) or fax to civ (06221) 57-4091, mil 370-4091. Call civ (06221) 57-7840 for more information.

### Publications recognized

The 1st Armored Division’s *Ironsides* Magazine earned second place in the Magazine-Format Publication category at the Department of the Army level of the annual Keith L. Ware Army Journalism Competition. The 104th Area Support Group’s *Herald Union* newspaper earned an honorable mention in the Tabloid-Format Newspapers category. (*IMA-E Public Affairs*)

### Soldiers court-martialed in March

**Pfc. Keith A. Anderson** of Company B, 2nd Battalion, 37th Armor Regiment, was found guilty March 1 of disrespect, assault of an officer and use of a controlled substance among other charges. He was sentenced to five months confinement, reduction to private and a bad conduct discharge. **Spc. Peter N. Lundquist** of Battery C, 2nd Battalion, 3rd Field Artillery Regiment, was found guilty March 2 of receiving and possessing child pornography and making false statements. The judge sentenced him to be reduced to private, confined for 15 months and discharged with a bad conduct discharge. **Spc. Jerry Planta** of Company B, 2nd Battalion, 6th Infantry Regiment, was found guilty March 9 of stealing various items from the Army and Air Force Exchange Service. He was sentenced to be reduced to private, to forfeit \$823 pay per month for four months and 105 days confinement. **Pfc. Byron J. Gardiner**, Company B, 2-6th Infantry, was found guilty March 10 of disobeying a lawful command, wrongful use of a controlled substance, assault and other charges. He was sentenced to reduction to private, 12-months confinement and a bad conduct discharge. **Pfc. Sean B. Vandershaaf**, of Battery A, 4th Battalion, 27th Field Artillery Regiment, was found guilty March 11 of wrongful use of a controlled substance, leaving the scene of an accident and breaking restriction. He was sentenced to 50 months confinement and a dishonorable discharge. **Spc. Levi W. Lyda** of Company B, 2-6th Infantry, was found guilty March 15 of assault, disobeying a lawful command and breaking restriction. He was sentenced to reduction in grade to private, to forfeit \$823 pay per month for seven months and a bad conduct discharge. (*1st Armored Division Public Affairs Office*)

### Frankfurt memories sought

American Soldiers and family members who lived in Frankfurt’s Platen, Von Steuben or Huegel Housing Areas from 1955-1995 are sought by current residents to help celebrate the 10th anniversary since the military housing areas were turned over for German use. The “Nachbarschaftszentrum Ginnheim” seeks photos and other archival materials for an exhibition. Call Elke Peters at (069) 5305 6679 or email [info@nbz-ginnheim.de](mailto:info@nbz-ginnheim.de).

### Parenting stories wanted

A retired U.S. Army master sergeant seeks stories from parents and children about their experiences growing up successfully around the military for a research project. He is looking for anecdotal information about techniques learned leading troops that were successfully adapted to manage military households and families. Mail contributions to Jeff Brailey, 10311 Majestic Perch Court, Indianapolis, IN 46234 or by email to [wordworks2001@hotmail.com](mailto:wordworks2001@hotmail.com).



## Focus is on military children in April

**By Cassandra Kardeke**  
221st Base Support Battalion  
Public Affairs Office

“Protecting all our children — all the time” is this year’s theme for the Month of the Military Child. Throughout the United States April is considered Child Abuse Prevention Month which has been adopted by the military as Month of the Military Child to focus on the prevention and treatment of child abuse in the military.

“Military communities throughout the world hold classes, events and training to raise awareness of child abuse,” said Glen Corlin, 221st Base Support Battalion Family Advocacy Program manager.

Throughout the month of April Wiesbaden child development centers and several organizations host a variety of events, classes and



File photo

activities focusing on children and the military way of life.

“Our hope is to create an atmo-

sphere in which it is OK to bring up and discuss the many issues surrounding this topic and to create an atmosphere of change, one in which mistreating our child is unacceptable,” Corlin said.

Parents wishing to attend any of the classes or workshops can call Army Community Service at mil 337-5034 or civ (0611) 705-5034; NPSEP at mil 338-7385 or civ (0611) 532-9842, or EDIS at mil 337-6662 or civ (0611) 705-6662.

Not all events planned are purely educational. The Wiesbaden Bowling Center offers youth under 16 a meal, shoe rental and bowling for \$4.25 throughout the month. Culminating the month-long observance will be a Kinderfest sponsored by the 221st BSB and Child and Youth Services April 23. (See next issue of the *Herald Union* for details).

### Celebrate Month of the Military Child

- ☞ April 5, 10-11 a.m. NPSEP: Protecting Our Children
- ☞ April 13, 9:30-10:30 a.m. ACS: Discipline and Punishment for Infants and Toddlers
- ☞ April 14, 10-11 a.m. NPSEP: Children’s Self Esteem
- ☞ April 20, 9-10 a.m. ACS: Stress Management for Parents
- ☞ April 21, 10-11 a.m. NPSEP Children’s Self-Esteem (Dexheim)
- ☞ April 26, 10-11 a.m. EDIS: Child Find Developmental Screening